

 Brushing My Teeth







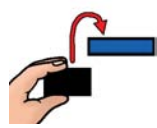

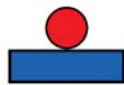
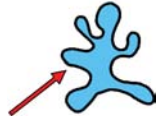


 I need to brush my teeth. I







 will get my toothbrush wet. Then I

 will put toothpaste on it. I will

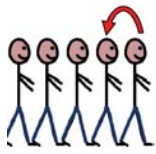





 try to put only enough to cover the top



 of the toothbrush.

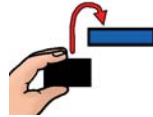


Next,



I

will



put

the

toothbrush



in



my



mouth.

The



toothpaste

might



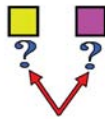
taste



like



mint



or



fruit.

The

toothpaste

cleans



my



teeth



and



makes



my



breath



smell



nice.

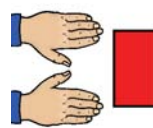


I

will

try

to



get



all



my



teeth



clean.



I

will



move

the



brush



up



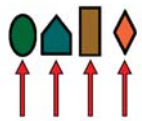
and



down



on



each



tooth.









I


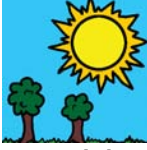




will









move

      will







the brush back and forth too. I will

      will

brush the outside of my teeth. I will

      will

brush the tops of my teeth. I will

      will

brush the inside of my teeth. I will

    also brush my tongue gently.

       Next I will rinse my mouth. I

       will

will take a small sip of water. I will

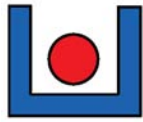


hold



the

water



in



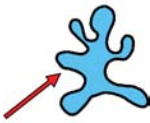
my



mouth

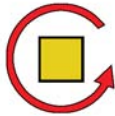


and



swish

it



around.



I

will

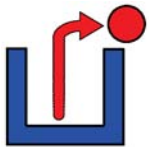


spit

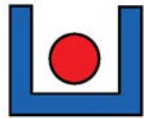
the



water



out

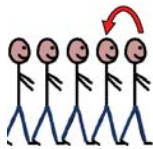


in

the



sink.



Next,



I

will



rinse



my

toothbrush

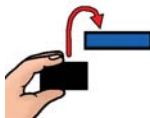


with

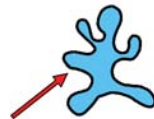
water



and



put



it



away.



I



will

dry



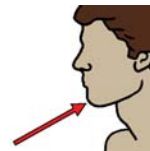
my



lips



and



chin

with

a



towel.



I

will



have



clean

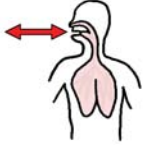


teeth



and

fresh



breath.



I

will

be



happy



that



I



have



a

clean



mouth.



My



mom



and



dad

will



be

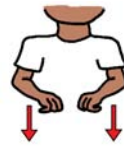
proud



when



I



can



brush



my



teeth



all



by



myself.