



EMMBROOK JUNIOR SCHOOL

17th June 2024

Sports and Games Day 2024

Dear Parents and Carers,

Our annual Sports and Games Day is fast approaching and will take place this year on **Thursday 11th July**, with our reserve day being Tuesday 16th July.

The Junior School sports events will take place during the afternoon, starting at 12.30pm. The Infant School sports events will be in the morning and they will join us for a **picnic lunch on the field at 11.45am**. Children will be collected from the field for afternoon register at 12:20, so that they can be back out on the field to **start promptly at 12:30pm**.

The aim of the Sports and Games Day is to provide an inclusive event with the right amount of challenge for all children, where all children are active, whilst enjoying taking part in different sports and games.

The format for the Sports and Games event will be similar to last year, with children moving around to different stations to take part in sporting activities. This year the children will move around with teaching staff as a House Team for Upper or Lower Juniors (e.g. Y5/6 Kingfishers, Y3/4 Hummingbirds).

Children will have the opportunity to take part in different activities in the following three zones: TRACK ZONE (Races or Boccia) on the top field, FIELD ZONE (Soft Javelin/Triple Jump/Speed Bounce or Tennis Bounce) on the top field and courts and a GAMES ZONE (Diamond Cricket or New Age Kurling) on the bottom field and in the hall.

There will also be a quiet, calm 'Break Out Space' in Year 3 Larch classroom, where Mrs Liddiard and Mrs Wade will be running some mindfulness activities for any children who may be overwhelmed by the Sports Day.

At the end of the afternoon, the whole school will gather by the race track to watch/cheer on the relay race teams for each year group.

The Sports and Games afternoon will **finish at 3:05pm** to give time for the children to go back to class, to be dismissed on the playground at 3:15pm.

Please see timetable below for exact timings:

Time	Year 3	Year 4	Year 5	Year 6	
11:45	Picnic lunch on field				
12:20	Children collected from field to register in classes				
12:30	TRACK ZONE Y3/4 Races or Boccia		GAMES ZONE Cricket or New Age Kurling	FIELD ZONE Javelin	
12:40				Triple Jump	
12:50				Speed Bounce or Tennis Bounce	
13:00	Move to next zone/water break				
13:05	TRACK ZONE Y3/4 Races or Boccia			FIELD ZONE Javelin	
13:15				Triple Jump	
13:25				Speed Bounce or Tennis Bounce	
13:35	Move to next zone/water break				
13:40	GAMES ZONE Cricket or New Age Kurling	FIELD ZONE Javelin	TRACK ZONE Y5/6 Races or Boccia		
13:50					Triple Jump
14:00					Speed Bounce or Tennis Bounce
14:10	Move to next zone/water break				
14:15	FIELD ZONE Javelin	GAMES ZONE Cricket or New Age Kurling	TRACK ZONE Y5/6 Races or Boccia		
14:25	Triple Jump				
14:35	Speed Bounce or Tennis Bounce				
14:45	Move to Race Track/water break				
14:50	Y3/4/5/6 Relays				
15:00	Scores and presentations of trophies				
15:05	Children back to classes				
15:15	Dismiss on playground as usual				

All children will need to come to school wearing their PE Kit and trainers on 11th July. Uniform is not required on the day. As the children will be representing their House Team, please can they wear a t-shirt and/or shorts in the colour of their House. The House colours are as follows: Redstarts – **Red**, Kingfishers – **Blue**, Golden Eagles – **Yellow** and Hummingbirds – **Green**. In the event of hot weather, please ensure that your child has sun

cream applied before school, a hat and plenty of water on the day. There will be water stations located on the field for children to refill their water bottles during the afternoon.

Parents, carers and extended family are welcome to join their children for a picnic lunch from 11.45am and should make their way through the playground onto the school field via the green gates. The children will meet their families on the field. At the end of lunch children will return to their classrooms to be registered and then return to the field to commence their events.

We are pleased to confirm that the PTA have organised ice-cream to be available to purchase throughout the afternoon.

Thursday 11th July 2024 - Sports and Games Day. The lunch menu has been changed to a cold packed lunch option as we have our family picnic. If you would like your child to have a cold packed lunch provided by the school please order in the usual way on your child's School Grid account.

When we have finished all of our events, the children will be taken back to their classrooms. Please then collect your child at 3.15pm from the playground as normal.

If you are not able to attend the Sports and Games Day, your child will sit and have their packed lunch on the school field with their friends.

In the event of bad weather, parents will be notified by text message by 8:30am if the Sports and Games Day is postponed.

We look forward to seeing you all on 11th July and thank you in advance for your support.

Kind regards,

Claire Threlfall
PE Subject Lead