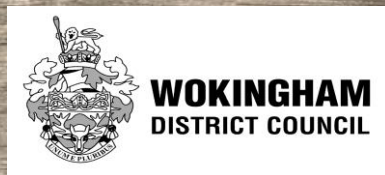


ALLERGY INFORMATION: If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child.

Summer Silver Menu 2017

caterlink
feeding the imagination

		Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Main	Pork Sausages with Mashed Potato and Gravy	Beef Lasagne with Garlic Bread	Roast Turkey with Roast Potatoes & Gravy	BBQ Chicken with Wholegrain Rice	MSC Salmon Fish Finger / Fishcakes with Chips & Tomato Sauce
18 th April 8 th May 5 th June 26 th June 17 th July	Vegetarian	Vegetarian Sausage toad with Mashed Potato and Gravy	Spinach & Tomato Quiche with Baby New Potatoes	Vegetable Hot Pot with Roast Potatoes & Gravy	Lentil & Vegetable Curry With Wholegrain Rice	French Bread Pizza with Chips
	Dessert	Carrots Garden Peas Plum & Vanilla Crumble with Custard Yoghurt Fresh Fruit Platter	Mixed Salad Sweet Corn Banana Wholemeal Loaf Yoghurt Fresh Fruit Salad	Fresh Broccoli Florets Fresh Slice Carrots Cheese, Apple and Biscuits Yoghurt Fresh Fruit Platter	Sweet Corn Green Beans Chocolate Mandarin Sponge with Chocolate Sauce Yoghurt Fresh Fruit Salad	Baked Beans Garden Peas Shortbread Biscuit Fresh Fruit Salad Yoghurt
Week 2	Main	Chicken & Broccoli Pasta	Beef Tortilla Stack with Baked Wedges	Roast Chicken & Stuffing with Roast Potatoes & Gravy	Spaghetti Beef Bolognaise With Herby Bread	MSC Battered Fish Chips & Tomato Sauce
24 th April 15 th May 12 th June 3 rd July 24 th July	Vegetarian	Mixed Bean Cassoulet with Rice	Vegetable Fajita with Baked Wedges	Lentil & Vegetable Quorn Roast with Roast Potatoes & Gravy	Wholemeal Vegetable Pasta Bake	Spanish Omelette with Chips & Tomato Sauce
	Dessert	Garden Peas Sweet Corn Cherry Cobbler & Ice-Cream Yoghurt Fresh Fruit Salad	Green Salad Coleslaw Carrot & Courgette Cake Yoghurt Fresh Fruit Platter	Fresh Cauliflower Florets Fresh Sliced Carrots Fruit Trifle Yoghurt Fresh Fruit Salad	Broccoli Sweet Corn Apple & Berry Strudel with Custard Yoghurt Fresh Fruit Platter	Baked Beans Garden Peas Fruit Smoothie Yoghurt Fresh Fruit Salad
Week 3	Main	Ham and Pineapple Pizza with Baby New Potatoes	Beef Meat balls in Tomato Sauce with Wholemeal Pasta	Roast Pork with Roast New Potatoes & Gravy	Chicken Chow Mein with Noodles	MCS Jumbo Fish Finger with Chips & Tomato Sauce
1 st May 22 nd May 19 th June 10 th July	Vegetarian	Summer Vegetable Risotto	Quorn Vegetable Goulash with Wholemeal Pasta	Vegetarian Wellington with Roast Potatoes & Gravy	Macaroni Cheese with Tomato topping	Homemade Bean and Lentil Burger with Chips & Tomato Sauce
	Dessert	Green Beans Mixed Salad Apple Flapjack Yoghurt Fresh Fruit Salad	Garden Peas Sliced Carrots Pineapple Upside Down Fruit Yoghurt Fresh Fruit Platter	Fresh Savoy Cabbage Fresh Cauliflower Florets Fruit Jelly & Ice Cream Yoghurt Fresh Fruit Salad	Fresh Broccoli Florets Sweet Corn Toffee Crispy Yoghurt Fresh Fruit Platter	Garden Peas Baked Beans Pear & Ginger Muffin Yoghurt Fresh Fruit Salad



Available Daily
Freshly cooked jacket potatoes with a choice of fillings
(where advertised)
Bread freshly baked on site daily
Daily salad selection & Fresh fruit and yoghurt